

Peace Evangelical Centre Kindergarten

Cherished Kids Garden

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"For Myself, Read a Picture Book"

By Teacher Law Wing Fong

What is a picture book?

"Picture book," also known as "Picture storybooks" in the early days, is a type of book that emphasizes pictures as the main element, with words as a supplement, and sometimes even without any words, consisting entirely of illustrations. As the name suggests, it is a "book that is drawn," using a large number of illustrations to emphasize visual effects and showcase the storyline and themes in a beautiful and impactful way.

Picture books have long been seen as primarily intended for children to read. However, picture books do not have an age limit for reading. Whether it is children, adults, or even the elderly, if they can find the time and space to read a picture book for themselves, they will undoubtedly gain many unexpected benefits.

Indeed, the textual descriptions in picture books are often simple and easy to understand, while the illustrations are vivid and rich. They allow us to empty our minds and truly indulge in reading, temporarily escaping from the pressures of daily life. Through picture books, we can enjoy the visual and emotional comfort they bring. Sometimes, just a few simple sentences can strike a chord within us and make us reflect on life through the pages of a picture book.

"All grown-ups were once children, though few of them remember it." - The Little Prince.

Picture books often embody the pure and spontaneous side of life, allowing us to rediscover our inner child amidst the complexities of modern society. The stories and illustrations in picture books can serve as a calling, awakening the child within us and reminding us of the innocence and wonder that still reside in our hearts.

"Good picture books have the power to unlock our lives through reading. They don't pretend to be profound, but rather give us a sense of warmth and simplicity. We can finish reading them in just over ten minutes, yet they hold great meaning. Through the illustrations, adults' imagination also expands, and their inner child comes running out." - Apple Wong



Therefore, picture books can also help adults become better parents. After reading picture books, we gain a deeper understanding of the world from a child's perspective, and we contemplate what educational approaches will benefit their growth the most. Revisiting the joy and emotions that picture books bring us can also help us build stronger emotional bonds with our children.

Indeed, picture books are not only for children. They can also bring a gentle power to adults. I invite all the little and big children out there to embrace curiosity and meet a picture book the next time you visit a bookstore. See what wonders it can bring to you and let it surprise you!

Lastly, I would like to share a few picture books that I absolutely adore. These books have accompanied me and have brought me healing and strength.



The Sound of Silence

Author: Katrina Goldsaito

Translator: Yu Pei-yun

Illustrator: Guo Xiang-yi

Publisher: Yushan Publishing

Summary: In a chance encounter, Shosho asks a musician, "What is your favorite sound?" The musician replies that the most beautiful sound in the world is "silence."

If sound had a physical appearance, what would it look like? For many people, "silence" may seem oppressive, cold, and obscure, which is why they tend to seek refuge in the midst of noise and busyness.

However, after being immersed in the hustle and bustle for too long, fatigue and confusion inevitably set in. This is when we desperately need the clarity and solace that "silence" can bring.

Through spending time in silence, we have the opportunity to engage in a deeper dialogue with ourselves. We can hear the whispers of our vulnerabilities and take the time to organize the chaotic rhythm imposed by reality. By doing so, we can find our own pace and walk confidently in our daily lives.



Dad, Wait for Me!

Author: Nian Wang Fan

Illustrator: Xu Fangru

Language: Traditional Chinese

Publisher: Qing Lin



Summary: The little child who used to eagerly shout, "Dad, wait for me!" with wide eyes and a raised head has now grown up and started a family of his own. Due to working in a distant place, he has to accept the reality of being separated from his elderly parents. They rely on communication apps on their phones to stay connected and maintain their daily lives.

This time, the elderly and ailing father lies on his deathbed, and the words "Dad, wait for me!" resurface, but this time, they are uttered with a heavy and whispered tone. The longing to chase after them in childhood, the attempts to deceive them in adulthood, and the hope to have them wait for us by our side - all these emotions have become complex and burdensome...

The Shadow of Chasing Dreams

Smoot: A Rebellious Shadow

Author: Michelle Cuevas

Translator: Ke Chien-hua

Illustrator: Sydney Smith

Publisher: Taiwan Dongfang



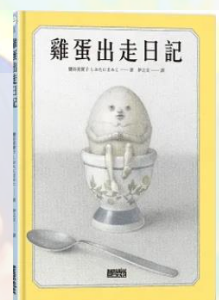
Summary: Sometimes, it's not others who hinder us from achieving our dreams, but ourselves. "The real you, the best you, has always been there." In this story, pursuing dreams is not about seeking something external or a specific wish; those are the outcomes that appear after reaching the goals. The true goal, as mentioned in the dedication by the author, is to "become the best version of yourself," which is an inner journey of growth.

The Diary of the Runaway Egg

Author: Makiko Shiotani

Translator: I no Fumi

Publisher: Sancai



Summary: We are all eggs, desperately holding onto the yolk in our hearts in this oppressive and powerless world! In order to survive in this world, we have all become eggs in the kitchen, closing our eyes, giving up on thinking, losing the ability to speak up for ourselves, rolling aimlessly day after day, ultimately leaving behind a mediocre self.

It's time to awaken!

Embark on a journey of escape, reclaiming the power to protect our true selves, resisting the world, and embracing the freedom to be bold and spontaneous!

Funny Dialogue

K1AM Parent of Tsang Lotte

Today, dad was driving.

👤: "I want to sit in the front."

👤♀: "No, it's very dangerous. You can only sit in the front when necessary."

👤: "I'm so "adorable."



K3AM Parent of Yu Alexander Tsun Leung

Chinese Word Recognition for Preschoolers

After completing kindergarten and preparing to enter primary school, everyone becomes more serious about children's reading, word recognition, and writing. We read more and need to recognize more words. We are all committed to learning and improving!

Let's recognize these characters together! Tsun Leung!

"筆!"

M: What character is this?

俊亮: "筆"! (Pen!)

M: "筆" (pen), what other characters have the word "筆" in them?

俊亮: 鉛筆 (pencil), 顏色筆 (colored pen)...

M: Yes! 鉛筆 (pencil), 顏色筆 (colored pen), 蠟筆 (crayon), 水筆 (fountain pen)...

Anything else? What other pens are there?

俊亮: My... butt! 🍌

... This child, who is more exposed to English, certainly knows how to blend Chinese and English, with quick and flexible thinking! Hahaha...

筆

Parent-Child Workshop?

Parent-Child Cooking

K3AM Parent of Lee Long Yat, Lee Jun Yin

One day, Jun Yin expressed his desire to create lamb skewers (something we had never done at home before), so we went to the supermarket together and let him choose the ingredients (lamb racks, bell peppers, cherry tomatoes). When we returned home, we delegated tasks such as cleaning, finely cutting the ingredients, skewering them with bamboo sticks, and adding seasonings to them, all of which we entrusted to them. As for the part that required grilling over fire, that was handled by Mum. Even though it was just a simple dish, and the sizes of the cuts and skewers weren't perfectly uniform, Long Yat, Jun Yin and I thoroughly enjoyed the cooking process together!



Book Recommendation

K3AM Parent of Yu Alexander Tsun Leung

Noodleheads

6 Books | Fly Guy Author

!! A hilarious children's comic series that will have you rolling on the floor laughing! !!

Suitable for kindergarten to elementary school students, the stories of two clueless noodleheads and their interactions with Meatball are side-splittingly funny! The English text is easy to read and understand, and the stories are humorous and entertaining. Kids can't help but want to read the next book, as they are irresistibly hilarious.

A great choice for learning English while enjoying some laughs!

- A must-read for those who want to have a laugh and learn English!!!
- Both kids and adults will be laughing their heads off after reading it!!! 😄

Fly Guy author Tedd Arnold has also collaborated on another series called Noodleheads, consisting of 6 books.

I understand that Fly Guy is extremely popular and well-loved, but Noodleheads is even more fantastic and hilarious! The two silly and naive brothers 🍝 constantly use their "noodlehead" thinking and often "accidentally" solve problems. The process is full of wit, humor, and amusement!

⚡ Awarded Theodor Seuss Geisel Honor.

⚡ Praised as a "must-buy" by the School Library Journal.

⚡ Selected by the American Library Association for children and young adults, guaranteeing a series that will make you burst into laughter.

👤 Sincerely recommend for:

Children who enjoy Fly Guy

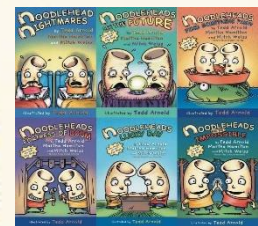
Children who enjoy Catwad

Children who enjoy Dog Man

Children who enjoy reading funny stories

Children who are just starting to read on their own

Children who have yet to discover their love for reading but will soon fall in love with reading English books!



Book Recommendation

K1AM Parent of Yip Chi Child

This time, I want to recommend a book about parenting perspectives. For me, reading it was very beneficial and it challenged many of my preconceived notions about raising children. Even though I only have one daughter and consider myself a beginner in parenting, I realized that I had many ingrained ideas and concepts from my own upbringing that influenced how I interacted with my daughter.

This book, "No Bad Kids: Toddler Discipline Without Shame," is one of Janet Lansbury's works. In addition to writing books, Janet also has a website with the same name, JanetLansbury.com, where she provides practical and relatable parenting articles. For me, it has indeed provided valuable advice throughout my parenting journey. The book features correspondence between parents and the author, addressing various parenting questions and providing practical suggestions. It helps parents establish a genuine connection with their children. Through this book, I have gained a lot of valuable insights and it has truly helped me in my journey as a parent.

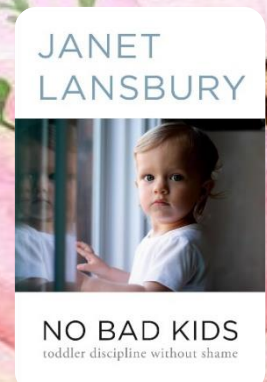
Janet proposes the viewpoint that "there are no bad children in the world". She believes that some behaviors we consider inappropriate in children actually reflect their inner insecurities and fears. As parents, if we can empathize with our children's feelings, respect their needs, and establish appropriate boundaries, they can grow up with a sense of security. This approach also allows us to navigate the path of parenting with more ease.

While reading, I had a significant reflection on whether I truly respect and understand my child. Have I treated my child as a whole person? Indeed, they are young in age, but that does not mean they have a lower status, lack self-esteem, or have no feelings. They should not be subjected to public scolding or criticism from parents. Even newborn babies are complete individuals with their own feelings and emotions, just like us.

One example in the book is that many times, a child's emotional outbursts or tantrums are often caused by hunger or fatigue. When we spend a whole day out with our children and they lack rest, they may exhibit uncooperative behavior or become fussy. These reactions are actually normal. The question is, can we correctly interpret them? Do we blame the children for their behavior without considering the underlying reasons behind it?

The author also suggests that understanding these reasons does not mean we should indulge our children. Instead, when children exhibit such behavior, we can shift our perspective: understanding that they need help rather than immediately labeling them as "bad." When we can empathize with them, we are also better able to regulate our own emotions and adjust our approach.

I hope that through this book, everyone can gain a deeper understanding of children, connect with them, and build a relationship based on love and respect. May we all become better companions for our children on their journey of growth.



Stories of the Name

K3AM Parent of Yu Alexander Tsun Leung

The name "Yu Tsun Leung" carries the meaning of shining and being bright. Yu Tsun Leung is a boy who radiates light, possesses a kind heart, has a pure and cheerful personality, and is full of love for both people and animals.

The elder brother is named Yu Tsun Ming, while the younger brother is named Yu Tsun Leung. The names of the two brothers were chosen by their grandmother, and they also carry the meaning of "earth" or "land," symbolizing having land, a home, and wealth. It signifies a life of abundance, prosperity, and worry-free living.

Grandmother is a very traditional person and dotes on her grandchildren. After the birth of the elder brother, she took his birth information to seek help in changing his name. When she returned, she told me that his name should have the elements of "earth" and "gold." So, I looked up radicals in the dictionary and found the "earth(土)" radical to combine with the handsome "俊" character, resulting in the name "垠." The "gold(金)" radical represents wealth. I wanted my son to not only have wealth but also fame, so I chose the name "銘."

And for the younger brother's name, it includes the character "亮," which signifies that after having land, a home, and wealth like his elder brother, I hope he can shine brightly like the moon. It represents someone who is outstanding, accomplished, warm-hearted, and radiates light to illuminate others, someone who is kind and helpful. ☺



Parent-Child Spot Recommendation

During the New Year holiday, we remembered that strawberries in Hong Kong are in season and perfect for picking. So, my mom suggested that we go strawberry picking with the kids! The children were thrilled to visit the spacious and green strawberry fields, where they could search for hidden treasures under the strawberry leaves. Armed with a plastic basket and scissors, they eagerly set to work finding strawberries. It was a lot of fun!

The strawberry fields were vast and there were also vegetables, radishes, sweet potatoes, corn, and more in the fields. These can be purchased at the on-site store. The strawberry farm had free admission, and the strawberries were priced based on weight, offering great value for their delicious and juicy taste.

The venue also had a children's playground for the little ones to enjoy. Admission is free on weekdays, but on weekends and holidays, it may be subject to the owner's pricing.

If you're looking to take your kids on a family trip to explore the rural areas of the New Territories or enjoy the serenity of nature, you might consider visiting Sheung Shui or Fanling. It's a great opportunity to experience the tranquility and taste the bountiful produce of the countryside. ☺

Phoenix Strawberry Farm

Address: 1117 Ping Che Road, Tat Tung Ling, New Territories

Opening Hours: 0900-1900 (Monday to Sunday)

Phone: 62194955

Transportation: Take minibus 88 from Fanling MTR station / Bus 79K from Sheung Shui Bus Terminus

Facebook Page: <https://www.facebook.com/phoenixvegfarm?mibextid=sCpJLy>



Parent-Child Spot Recommendation

K3AM Parent of Lee Long Yat, Lee Jun Yin

"Where are some good places to go for weekend outings?

Dad will take the two brothers on different modes of transportation and head out of Sha Tin to explore free and fun playgrounds in other districts. Let me introduce a few distinctive playgrounds:

Tsz Wan Shan Adventure Playground: Although the park is small and located in a relatively secluded area, it has refreshing water play facilities and a 2-story high slide, making it perfect for summer fun. Just remember to bring extra clothes and towels! The park is located within a shopping mall, so you can grab a meal at nearby restaurants when you get hungry and enjoy a variety of delicious food."



Tuen Mun Park Inclusive Playground is suitable for children of all ages and is a large playground with various features. It includes a reptile house, sand and water play areas, a large climbing tower, rope nets, slides, and more. The playground offers a wide range of facilities, ensuring that children will have a great time and not want to leave! As the park tends to be crowded, it's important for everyone to queue up and maintain order while prioritizing safety.



Ping Shek Playground is located on a hill, so visitors will need to warm up by climbing a few hundred stairs before reaching the Dinosaur Park. It does require some physical stamina. As the name suggests, the park is themed around dinosaurs. In addition to slides, swings, and other play facilities, you can expect to find decorations related to dinosaurs, such as imitation dinosaur fossils, caves, and even a castle.



From Sha Tin, you can take the MTR East Rail Line for a few stops and pass through a shopping mall to reach the PlayPlace playground inside McDonald's in Tai Wo. The playground is not very large, but it features new climbing structures. While the children are busy enjoying the challenges of the play equipment, parents can relax indoors and enjoy a cup of coffee.

Cha Kwo Ling Promenade is a large park with a variety of must-try children's play facilities, including an 8-meter-high rope net structure, slides, a maze, rock climbing walls, and a water play area. These exciting and fun features are relatively rare in Hong Kong! The park has an open environment without much shade, so both adults and children may feel the heat, especially under the scorching sun. It's advisable to avoid visiting during the midday hours to prevent discomfort from the heat.



P.8



School Events

November Birthday Party



December Birthday Party



K1 Parent-Child Activity Day



K1 Event Photos

P for pizza...



Let's play some physical games together, it's so much fun!



Let's make fruit skewers together, cheer on!



It's time for reading books!

Let's celebrate the Lunar New Year together!



K1 Event Photos

We use foam clay to create fruit paintings.



Pat, pat, pat, the sound of the tambourine is just like this.



I wonder what's inside a coconut.



Ah, so this is what dried durian tastes like.



Wow, we quickly have apple juice to drink!



Galaxy S21 Ultra 5G

K2 Event Photos

The Great, Enormous Hamburger !



Let's experience the joy of farming together!



Let's take a big group photo at the insect museum!



Let's turn ourselves into a human house!



Let's play a nostalgic game - Catch the Bean Bag.

K2 Event Photos

Let's experience different smells together!



Printing with vegetables is really fun!



Let's learn how to clean the table, we can help with household chores at home too!



The colours of vegetable juice are so beautiful!



We are Little Dentists, let's clean teeth together!

K3 Event Photos

Let's put some sugar in the bowl !



Organic tomatoes are so round and big!



Let's take care of the rose together!



Let's pretend to be the animals and insects in nursery rhymes!

K3 Event Photos

We love conducting experiments!



Let's learn about natural fertilizers!



Every one of us is a running champion!

Activities from April to August in 2nd semester of 2023-2024

Date	Content
12/4/2024(Fri)	K1 Hong Kong Railway Museum Visit
15/4/2024(Mon)	K2 & K3 Carmel Alison Lam Primary School Visit
19/4/2024(Fri)	Joint Worship Service
19/4/2024(Fri)	K1 School Bus Joyride
26/4/2024(Fri)	Birthday Party and Nature Picture Book Sharing (Attire: Casual clothing with a spring theme)
27/4/2024(Sat)	K3 to Primary One Preparation Talk
1/5/2024(Wed)	Labour Day holiday
3/5/2024(Fri)	Joint Worship Service
15/5/2024(Wed)	Public holiday
17/5/2024(Fri)	K2 Positive Education Centre Visit
22/5/2024(Wed)	K1 Outdoor platform Shadow-catching activity
24/5/2024(Fri)	K3 Graduation rehearsal day (K1&K2: No class)
25/5/2024(Sat)	K3 Graduation Ceremony
27/5/2024 (Mon)	Holiday after the Graduation Ceremony
29/5/2024(Wed)	K3 The Health Education Exhibition and Resource Centre Visit
31/5/2024(Fri)	Birthday party and Light and Shadow Story Theater (Attire: Casual clothing)
7/6/2024(Fri)	Joint Worship Service
10/6/2024(Mon)	Dragon Boat Festival holiday
12/6/2024(Wed)	K1 Visit to the Library
14/6/2024(Fri)	K2 Enjoy Reading Activity
15/6/2024(Sat)	K2 to Primary school selection Parent meeting
21/6/2024(Fri)	K3 Ocean Park Visit
28/6/2024(Fri)	Birthday party and Colorful Reading Day II (Attire: Sportswear)
1/7/2024(Mon)	Hong Kong Special Administrative Region Establishment Day
11/7/2024(Thu)	Birthday Party - Graduation Ceremony (Attire: Neat summer school uniform)
12/7/2024(Fri)	Parents' Day III
15/7/2024-31/8/2024	Summer vacation
24/8/2024(Sat)	24-25 School Year K1 , K2 Parent Meeting
29/8/2024(Thu)	New Student Adaptation day
30/8/2024(Fri)	New Student Parent Gathering
2/9/2024(Mon)	School-wide Class Commencement