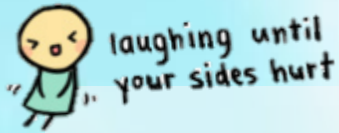




平安福音堂幼稚園(牛頭角)

Peace Eyangelical Centre Kindergarten (Ngau Tau Kok)

## School Publication



Dec 2020 First Issue

love the little things 

### "A little happiness within the epidemic"

Principal Koo Mei Sze

2020 is coming to an end! When you have a review for this year, what memories come into your mind? Is it those times when you tried to grab anti-epidemic supplies such as masks, alcohol, and handrub? Is it the number of confirmed cases that was shown recently? Is it your worries about your child's learning situation? There are many things that we cannot control, and it is inevitable that we may feel helpless, disappointed at some point and have a bit more negative emotion. But we can look for our little happiness within the epidemic and savor those small but happy moments. In our daily life, there are countless trivial things that can make us moved and smile. Let's count those moments together!



hot drinks  
on a cold day



Under the epidemic, everyone's busy pace of life can finally slow down. Rather than rushing to get up for school, running to attend interest classes, rushing to finish each meal and meet packed schedules, we have started a new life pattern, and the rhythm has become less rush.



freshly baked cookies



# 平安福音堂幼稚園(牛頭角)

## Peace Eyangelical Centre Kindergarten (Ngau Tau Kok)

In this downshifting, it is not difficult to find that we have much more time, much more spaces, and the family gets along more closely.

Working from home can save up transportation costs and time and is gives us more flexibility. We can freely arrange our lunch, increase the chances of meeting and getting along with our children, and improve our understanding of our family members. We can even carry out some activities that we did not have the opportunity to do with our children before. The bread maker that has been lying unused for a long time can now be used. The public transports are no longer crowded all the time and full of luggage. Now, we can take a seat in the public transports and enjoy the scenery outside the window.

Wish that each of us can find the sweetness in life, taste them slowly, and feel the happiness hidden behind. We cannot control the environment, but we can change our mentality. When we have positive thoughts, we can nurture our children to be positive and initiated. Rejoice always, pray without ceasing, give thanks in everything, because this is God's will for you in Christ Jesus. (The Bible - 1 Thessalonians 5: 16-18)